January 2025

The Legacy at Oak Hill

ASSISTED

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			New Year's Day 10:00 AM - Group Fitness (CL) 10:30 AM - Mental Warm- Up (CL) 10:45 AM - History Buffs (CL) 1:30 PM - Wednesday Worship Music (CL) 2:15 PM - Weekday Matinee with Jan B (TH) 3:30 PM - New Year's Crossword Puzzle (CL)	10:00 AM - Group Fitness (CL) 10:30 AM - Mental Warm- Up (CL) 10:45 AM - History Buffs (CL) 1:15 PM - Virtual Church Service with San Jose Catholic Church (TH) 2:00 PM - Refreshment Social Hour (DR) 2:30 PM - Thirsty Thursday Happy Hour (DR) 3:45 PM - Table Games (DR)	10:00 AM - Bakery Run (Outing) 12:00 PM - History Buffs (DR) 1:15 PM - Flower Arranging (DR) 2:30 PM - Armchair Travel with Rick Steves 3:45 PM - Oak Hill Huddle 1:1 Visits (RR) 5:45 PM - Community Movie Night (TH)	National Spaghetti Day National Trivia Day 9:30 AM - Water the Community Gardens (Meet in the courtyard) (CP) 11:45 AM - Current Events Newsletter & Discussion (Resident-Led) (DR) 12:00 PM - History Buffs (DR) 1:30 PM - Interesting Documentary with Becky (TH) 2:30 PM - Dominoes Game with June and Jackie (DR) 4:00 PM - Walking Club Around the Campus Meet in the Bistro (Resident-Led) (BI)
9:00 AM - Weekly Word Search & Coffee (DR) 11:00 AM - Virtual Church Service with Oak Hill United Methodist (CL) 12:00 PM - History Buffs (DR) 1:30 PM - Monthly Devotional with Patty (LI) 2:00 PM - Group Prayer Session and "Circle of Gratitude" 2:30 PM - Bible Study with Ed LaTouf from Oak Hill Baptist Church (LI) 3:30 PM - Puzzle Mania (Resident-Led) (DR)	10:00 AM - Group Fitness with EmpowerMe Wellness (CL) 10:30 AM - Mental Warm- Up (CL) 10:45 AM - History Buffs (CL) 1:30 PM - Musical Monday Sing-Along (TH) 2:45 PM - Prize BINGO! 3:45 PM - Spanish Lesson with Melita & Mary Sue (CL)	10:00 AM - Group Fitness (CL) 10:30 AM - Mental Warm- Up (CL) 10:45 AM - History Buffs (CL) 11:45 AM - Communion with Oak Hill UMC (CL) 1:30 PM - Crafternoon 3:00 PM - Dominoes with June (DR) 3:30 PM - Group Crossword (CL) 5:45 PM - Community Movie Night (TH)	10:00 AM - Group Fitness (CL) 10:30 AM - Mental Warm- Up (CL) 10:45 AM - History Buffs (CL) 1:30 PM - Wednesday Worship Music (CL) 2:30 PM - New Resident Social Sponsored by Halcyon Home (BI) 4:00 PM - Green Thumb Club- Water the Community Gardens (CO)	10:00 AM - Group Fitness (CL) 10:30 AM - Mental Warm- Up (CL) 10:45 AM - History Buffs (CL) 1:15 PM - Virtual Church Service with San Jose Catholic Church (TH) 2:00 PM - Refreshment Social Hour (DR) 2:30 PM - Thirsty Thursday Happy Hour with Bob Appel (DR) 3:45 PM - Table Games (DR)	Houseplant Appreciation Day 10:00 AM - Goodwill Run 12:00 PM - History Buffs (DR) 1:15 PM - Flower Arranging (DR) 2:30 PM - Armchair Travel with Rick Steves 3:45 PM - Oak Hill Huddle 1:1 Visits (RR) 5:45 PM - Community Movie Night (TH)	9:30 AM - Water the Community Gardens (Meet in the courtyard) (CP) 11:45 AM - Current Events Newsletter & Discussion (Resident-Led) (DR) 12:00 PM - History Buffs (DR) 1:30 PM - Interesting Documentary with Becky (TH) 2:30 PM - Dominoes Game with June and Jackie (DR) 4:00 PM - Walking Club Around the Campus Meet in the Bistro (Resident-Led) (BI)
National Hot Tea Day 9:00 AM - Weekly Word Search & Coffee (DR) 11:00 AM - Virtual Church Service with Oak Hill United Methodist (CL) 12:00 PM - History Buffs (DR) 2:00 PM - Group Prayer	10:00 AM - Group Fitness with EmpowerMe Wellness (CL) 10:30 AM - Mental Warm- Up (CL) 10:45 AM - History Buffs (CL) 1:30 PM - Manicure	10:00 AM - Group Fitness (CL) 10:30 AM - Mental Warm- Up (CL) 10:45 AM - History Buffs (CL) 11:45 AM - Communion with Oak Hill UMC (CL) 1:30 PM - Culinary Club	National Hat Day 10:00 AM - Group Fitness (CL) 10:30 AM - Mental Warm- Up (CL) 10:45 AM - History Buffs (CL) 1:30 PM - Wednesday Worship Music (CL)	10:00 AM - Group Fitness (CL) 10:30 AM - Mental Warm- Up (CL) 10:45 AM - History Buffs (CL) 1:15 PM - Virtual Church Service with San Jose Catholic Church (TH)	National Classy Day 10:00 AM - Surprise Outing 12:00 PM - History Buffs (DR) 1:15 PM - Flower Arranging (DR) 2:30 PM - Armchair Travel with Rick Steves	9:30 AM - Water the Community Gardens (Meet in the courtyard) (CP) 11:45 AM - Current Events Newsletter & Discussion (Resident-Led) (DR) 12:00 PM - History Buffs (DR)



14 1 19 1 10 1

January 2025

The Legacy at Oak Hill

ASSISTED

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 National Popcorn Day 9:00 AM - Weekly Word Search & Coffee (DR) 11:00 AM - Virtual Church Service with Oak Hill United Methodist (CL) 12:00 PM - History Buffs (DR) 2:00 PM - Group Prayer Session and "Circle of Gratitude" 2:30 PM - Group Prayer Session and "Circle of Gratitude" 2:30 PM - Bible Study with Ed LaTouf from Oak Hill Baptist Church (LI) 3:30 PM - Puzzle Mania (Resident-Led) (DR) 	Martin Luther King Jr. Day 10:00 AM - Group Fitness with EmpowerMe Wellness (CL) 10:30 AM - Mental Warm- Up (CL) 10:45 AM - History Buffs (CL) 1:30 PM - Musical Monday Sing-Along (TH) 2:45 PM - Prize BINGO! 3:45 PM - Cinema Club- Help us pick out our community movies! (TH)	National Hugging Day 10:00 AM - Group Fitness (CL) 10:30 AM - Mental Warm- Up (CL) 10:45 AM - History Buffs (CL) 11:45 AM - Rosary Prayer with the St. Catherine's Lady Missionaries (LI) 11:45 AM - Communion with Oak Hill UMC (CL) 1:30 PM - Crafternoon 3:00 PM - Dominoes with June (DR) 3:30 PM - Group Crossword (CL) 5:45 PM - Community Movie Night (TH)	National Southern Food Day 10:00 AM - Group Fitness (CL) 10:30 AM - Mental Warm- Up (CL) 10:45 AM - History Buffs (CL) 1:30 PM - Wednesday Worship Music (CL) 2:15 PM - Weekday Matinee with Jan B (TH) 3:00 PM - Book Club (LI) 4:00 PM - Professional Jewelry & Glasses Cleaning (CL)	10:00 AM - Group Fitness (CL) 10:30 AM - Mental Warm- Up (CL) 10:45 AM - History Buffs (CL) 1:15 PM - Virtual Church Service with San Jose Catholic Church (TH) 2:00 PM - Refreshment Social Hour (DR) 2:30 PM - Thirsty Thursday Happy Hour with Keith Owens (DR) 3:45 PM - Table Games (DR)	National Activity Professionals Day249:30 AM - Musical of the Month Showing: "The King and I" (TH) 12:00 PM - History Buffs (DR) 1:15 PM - Flower Arranging (DR) 2:30 PM - Armchair Travel with Rick Steves 3:45 PM - Oak Hill Huddle 1:1 Visits (RR) 5:45 PM - Community Movie Night (TH)	9:30 AM - Water the Community Gardens (Meet in the courtyard) (CP) 11:45 AM - Current Events Newsletter & Discussion (Resident-Led) (DR) 12:00 PM - History Buffs (DR) 1:30 PM - Interesting Documentary with Becky (TH) 2:30 PM - Dominoes Game with June and Jackie (DR) 4:00 PM - Walking Club Around the Campus Meet in the Bistro (Resident-Led) (BI)
9:00 AM - Weekly Word Search & Coffee (DR) 11:00 AM - Virtual Church Service with Oak Hill United Methodist (CL) 12:00 PM - History Buffs (DR) 2:00 PM - Group Prayer Session and "Circle of Gratitude" 2:30 PM - Bible Study with Ed LaTouf from Oak Hill Baptist Church (LI) 3:30 PM - Puzzle Mania (Resident-Led) (DR)	National Geographic Day 10:00 AM - Group Fitness with EmpowerMe Wellness (CL) 10:30 AM - Mental Warm- Up (CL) 10:45 AM - History Buffs (CL) 1:30 PM - Manicure Monday (CL) 2:45 PM - Prize BINGO! 4:00 PM - "Trip Down Memory Lane" Show & Tell Event (FL)	10:00 AM - Group Fitness (CL) 10:30 AM - Mental Warm- Up (CL) 10:45 AM - History Buffs (CL) 11:45 AM - Communion with Oak Hill UMC (CL) 1:30 PM - Culinary Club Snack-tivity (CL) 3:00 PM - Dominoes with June (DR) 3:45 PM - Resident Ambassador Meeting (CL) 5:45 PM - Community Movie Night (TH)	National Puzzle Day Chinese New Year 10:00 AM - Group Fitness (CL) 10:30 AM - Mental Warm- Up (CL) 10:45 AM - History Buffs (CL) 1:30 PM - Wednesday Worship Music (CL) 2:00 PM - Food Council Meeting (CL) 2:30 PM - Resident Council Meeting (CL) 3:15 PM - Weekday Matinee with Jan Bezant (TH)	10:00 AM - Group Fitness (CL) 10:30 AM - Mental Warm- Up (CL) 10:45 AM - History Buffs (CL) 12:00 PM - Alzheimer's Alliance Support Group (CL) 1:15 PM - Virtual Church Service with San Jose Catholic Church (TH) 2:00 PM - Refreshment Social Hour (DR) 2:30 PM - Thirsty Thursday Happy Hour with Michael Notarthomas (DR) 3:45 PM - Table Games (DR)	National Hot Chocolate Day3110:00 AM - Dollar Tree Run 12:00 PM - History Buffs (DR)1:15 PM - Flower Arranging (DR)2:30 PM - Armchair Travel with Rick Steves 3:45 PM - Oak Hill Huddle 1:1 Visits (RR) 5:45 PM - Community Movie Night (TH)	

* Activities are subject to change



24 C 18 C 18



January 2025			The Legacy at Oak Hill MEMORY CARE			The LEGACY
<text></text>	<text></text>	<text></text>	 7:30 AM - Waffle Wednesday 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:00 PM - Broadway Ballads with Jane (MC) 3:45 PM - Evening Wind-Down (MC) 	Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC)	FRIDAY9:30 AM - Meet & Greet, Devotional, and Prayer Requests0310:00 AM - Brain Games & Nourishment (MC)10:30 AM - Movin' & Groovin' Group Fitness (MC)10:30 AM - Movin' & Groovin' Group Fitness (MC)11:00 AM - Today in History (MC)11:30 AM - Relaxing Musical Meal (MC)1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC)1:30 PM - Senior Stories (MC)2:00 PM - Nourishment & Hydration Break (MC)3:00 PM - Golden Games (MC)3:45 PM - Evening Wind-Down (MC)5:00 PM - Community Movie (MC)	National Trivia Day 9:30 AM - Water the Community Gardens (Meet
9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Art & Aromatherapy (MC) 5:00 PM - Community Movie (MC)	Prayer Requests 10:00 AM - Brain Games & Nourishment (MC)	 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 11:45 AM - Communion with Oak Hill UMC (CL) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 1:30 PM - Senior Stories (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:15 PM - Manicures & Hand Massages (MC) 3:00 PM - Senior Stories (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC) 	 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:30 PM - New Resident Social Sponsored by Halcyon Home (BI) 	 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Nourishment & Hydration Break (MC) 	 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Senior Stories (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 	9:30 AM - Water the Community Gardens (Meet in the courtyard) (CP) 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Musical Meal (MC) 1:30 PM - Senior Stories (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:15 PM - Fun Project with Christine (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)
9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC)	Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC)	 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 11:45 AM - Communion with Oak Hill UMC (CL) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 1:30 PM - Senior Stories (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:15 PM - Manicures & Hand Massages (MC) 3:00 PM - Senior Stories (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC) 	 7:30 AM - Waffle Wednesday 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Broadway Ballads with Jane (MC) 	 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - High Tea Party (LI) 2:00 PM - Nourishment & Hydration Break (MC) 	 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Senior Stories (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 	9:30 AM - Water the Community Gardens (Meet in the courtyard) (CP) 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Musical Meal (MC) 1:30 PM - Senior Stories (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:15 PM - Fun Project with Christine (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)
National Popcorn Day 19 9:30 AM - Meet & Greet, Devotional, and 19 Payer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 10:00 AM - Today in History (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Art & Aromatherapy (MC) 5:00 PM - Community Movie (MC) 1:00 PM - Community Movie (MC)		National Hugging Day 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 11:45 AM - Communion with Oak Hill UMC (CL) 1:30 PM - Senior Stories (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:15 PM - Manicures & Hand Massages (MC) 3:00 PM - Senior Stories (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)	 7:30 AM - Waffle Wednesday 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Broadway Ballads with Jane (MC) 	 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Balloon Volleyball with Stonebridge Health Rehab (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:30 PM - Thirsty Thursday Happy Hour with Keith Owens (DR) 3:00 PM - Senior Stories (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC) 		9:30 AM - Meet & Greet, Devotional, and Prayer Requests 9:30 AM - Water the Community Gardens (Meet in the courtyard) (CP) 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Musical Meal (MC) 1:30 PM - Senior Stories (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:15 PM - Fun Project with Christine (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)
9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Art & Aromatherapy (MC) 5:00 PM - Community Movie (MC)	 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 		Chinese New Year 7:30 AM - Waffle Wednesday 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Broadway Ballads with Jane (MC) 2:00 PM - Nourishment & Hydration Break (MC)	 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 12:00 PM - Alzheimer's Alliance Support Group (CL) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Nourishment & Hydration Break (MC) 	9:30 AM - Meet & Greet, Devotional, and Prayer Requests	Lifetstyles Coordinator- Christine Melton