January 2025

The Legacy at Oak Hill
MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	**New Year's Day** 01 7:30 AM - Waffle Wednesday 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:00 PM - Broadway Ballads with Jane (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)	9:30 AM - Meet & Greet, Devotional, and Prayer Requests 02 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Nourishment & Hydration Break (MC) **2:30 PM - Thirsty Thursday Happy Hour with John & Cheryl (DR)** 3:00 PM - Senior Stories (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)	9:30 AM - Meet & Greet, Devotional, and Prayer Requests 03 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 1:30 PM - Senior Stories (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Golden Games (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)	**National Spaghetti Day** **National Trivia Day** 04 9:30 AM - Water the Community Gardens (Meet in the courtyard) (CP) 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Musical Meal (MC) 1:30 PM - Senior Stories (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:15 PM - Fun Project with Christine (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)
9:30 AM - Meet & Greet, Devotional, and Prayer Requests 05 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Art & Aromatherapy (MC) 5:00 PM - Community Movie (MC)	9:30 AM - Meet & Greet, Devotional, and Prayer Requests 06 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Puzzle Mania (MC) 5:00 PM - Community Movie (MC)	9:30 AM - Meet & Greet, Devotional, and Prayer Requests 07 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 11:45 AM - Communion with Oak Hill UMC (CL) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 1:30 PM - Senior Stories (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:15 PM - Manicures & Hand Massages (MC) 3:00 PM - Senior Stories (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)	7:30 AM - Waffle Wednesday 08 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:30 PM - New Resident Social Sponsored by Halcyon Home (BI) 3:45 PM - Evening Wind-Down (MC) 4:00 PM - Green Thumb Club- Water the Community Gardens (CO) 5:00 PM - Community Movie (MC)	9:30 AM - Meet & Greet, Devotional, and Prayer Requests 09 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Nourishment & Hydration Break (MC) **2:30 PM - Thirsty Thursday Happy Hour (DR)** 2:30 PM - Thirsty Thursday Happy Hour with Bob Appel (DR) 3:00 PM - Senior Stories (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)	**Houseplant Appreciation Day** 10 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Senior Stories (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Golden Games (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)	9:30 AM - Water the Community Gardens (Meet in the courtyard) (CP) 11 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Musical Meal (MC) 1:30 PM - Senior Stories (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:15 PM - Fun Project with Christine (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)
National Hot Tea Day 12 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Art & Aromatherapy (MC) 5:00 PM - Community Movie (MC)	9:30 AM - Meet & Greet, Devotional, and Prayer Requests 13 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Puzzle Mania (MC) 5:00 PM - Community Movie (MC)	9:30 AM - Meet & Greet, Devotional, and Prayer Requests 14 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 11:45 AM - Communion with Oak Hill UMC (CL) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 1:30 PM - Senior Stories (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:15 PM - Manicures & Hand Massages (MC) 3:00 PM - Senior Stories (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)	**National Hat Day** 15 7:30 AM - Waffle Wednesday 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Broadway Ballads with Jane (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)	9:30 AM - Meet & Greet, Devotional, and Prayer Requests 16 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) **2:00 PM - High Tea Party (LI)** 2:00 PM - Nourishment & Hydration Break (MC) 2:30 PM - Thirsty Thursday Happy Hour (DR) 3:00 PM - Senior Stories (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)	**National Classy Day** 17 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Senior Stories (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Golden Games (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)	9:30 AM - Water the Community Gardens (Meet in the courtyard) (CP) 18 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Musical Meal (MC) 1:30 PM - Senior Stories (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:15 PM - Fun Project with Christine (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)
National Popcorn Day 19 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Art & Aromatherapy (MC) 5:00 PM - Community Movie (MC)	**Happy Birthday Gary C. !** **Martin Luther King Jr. Day** 20 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Puzzle Mania (MC) 5:00 PM - Community Movie (MC)	**National Hugging Day** 21 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 11:45 AM - Communion with Oak Hill UMC (CL) 1:30 PM - Senior Stories (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:15 PM - Manicures & Hand Massages (MC) 3:00 PM - Senior Stories (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)	**National Southern Food Day** 22 7:30 AM - Waffle Wednesday 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Broadway Ballads with Jane (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)	9:30 AM - Meet & Greet, Devotional, and Prayer Requests 23 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Balloon Volleyball with Stonebridge Health Rehab (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Nourishment & Hydration Break (MC) **2:30 PM - Thirsty Thursday Happy Hour with Keith Owens (DR)** 3:00 PM - Senior Stories (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)	**National Activity Professionals Day** 24 **10:00 AM - Memory Care Outing** 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 1:30 PM - Senior Stories (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Golden Games (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)	9:30 AM - Meet & Greet, Devotional, and Prayer Requests 25 9:30 AM - Water the Community Gardens (Meet in the courtyard) (CP) 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Musical Meal (MC) 1:30 PM - Senior Stories (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:15 PM - Fun Project with Christine (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)
9:30 AM - Meet & Greet, Devotional, and Prayer Requests 26 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Art & Aromatherapy (MC) 5:00 PM - Community Movie (MC)	**National Geographic Day** 27 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Puzzle Mania (MC) 5:00 PM - Community Movie (MC)	9:30 AM - Meet & Greet, Devotional, and Prayer Requests 28 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 11:45 AM - Communion with Oak Hill UMC (CL) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 1:30 PM - Senior Stories (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:15 PM - Manicures & Hand Massages (MC) 3:00 PM - Senior Stories (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)	**National Puzzle Day** **Chinese New Year** 29 7:30 AM - Waffle Wednesday 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Broadway Ballads with Jane (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)	9:30 AM - Meet & Greet, Devotional, and Prayer Requests 30 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 12:00 PM - Alzheimer's Alliance Support Group (CL) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Nourishment & Hydration Break (MC) **2:30 PM - Thirsty Thursday Happy Hour with Michael Notarthomas (DR)** 3:00 PM - Senior Stories (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)	**National Hot Chocolate Day** 31 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Senior Stories (MC) 1:30 PM - Musical Hymnal Sing-Along & Nourishment (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Golden Games (MC) 3:45 PM - Evening Wind-Down (MC) 5:00 PM - Community Movie (MC)	Director of Resident Engagement and Memory Support- Savannah Garnett 01 Lifestyles Coordinator- Christine Melton

* Activities are subject to change