February 2025

The Legacy at Oak Hill

MEMORY CARE



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY 27 9:30 AM - Meet & 01 Greet. Devotional, and **Prayer Requests** 9:30 AM - Water the **Community Gardens** (Meet in the courtyard) (CP) 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Musical Meal (MC) 1:30 PM - Fun Project with Christine (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:45 PM - Evening Wind-Down (MC) 4:30 PM - Relaxing Musical Meal (MC) 5:30 PM - Community Movie (MC) The Day the Music Died 03 World Cancer Day- Wear Blue/Orong **Groundhog Day Rosa Parks Day** Happy 70-Year **Rose Day** 9:30 AM - Meet & 06 9:30 AM - Meet & 07 80 05 **Anniversary to Don &** 9:30 AM - Meet & 10:00 AM - Baked 9:30 AM - Meet & Greet, Devotional, and Greet, Devotional, and Toni Hippe! **Goods Baked Well** Prayer Requests **Prayer Requests** Greet, Devotional, and Greet, Devotional, and 9:30 AM - Meet & Greet, 9:30 AM - Meet & Greet, 10:00 AM - Brain Games & 9:30 AM - Water the (MC) **Prayer Requests Prayer Requests** Devotional, and Prayer Devotional, and Prayer Nourishment (MC) **Community Gardens** 10:00 AM - Brain Games & 10:30 AM - Movin' & 10:00 AM - Brain Games & Requests Nourishment (MC) Groovin' Group Fitness Requests Nourishment (MC) 10:30 AM - Movin' & (Meet in the courtyard) 10:00 AM - Brain Games & 10:00 AM - Brain Games & **Groovin' Group Fitness** (CP) 10:30 AM - Movin' & (MC) 10:30 AM - Movin' & Nourishment (MC) Nourishment (MC) 10:00 AM - Brain Games & 11:00 AM - Today in Groovin' Group Fitness (MC) Groovin' Group Fitness 10:30 AM - Movin' & 10:30 AM - Movin' & 11:00 AM - Today in Nourishment (MC) (MC) History (MC) (MC) Groovin' Group Fitness 11:00 AM - Today in Groovin' Group Fitness 11:00 AM - Today in History (MC) 10:30 AM - Movin' & 11:30 AM - Relaxing (MC) (MC) Musical Meal (MC) History (MC) 11:30 AM - Relaxing Groovin' Group Fitness History (MC) 11:00 AM - Today in 11:00 AM - Today in 11:30 AM - Relaxing 11:30 AM - Relaxing Musical Meal (MC) (MC) 1:30 PM - Musical Sing-History (MC) History (MC) 1:30 PM - Musical Sing-11:00 AM - Today in Musical Meal (MC) Along & Hymnals (MC) Musical Meal (MC) 11:30 AM - Relaxing 11:30 AM - Relaxing 2:00 PM - Nourishment & 1:30 PM - Musical Sing-Along & Hymnals (MC) History (MC) 2:00 PM - Nourishment & Musical Meal (MC) Musical Meal (MC) 2:00 PM - Nourishment & 11:30 AM - Musical Meal Hydration Break (MC) Hydration Break (MC) Along & Hymnals (MC) 11:45 AM -1:30 PM - Musical Sing-3:00 PM - Art & 3:00 PM - Puzzle Mania 2:00 PM - Nourishment & Hydration Break (MC) (MC) January/February Along & Hymnals (MC) 3:00 PM - Golden Games 1:30 PM - Senior Stories Aromatherapy (MC) (MC) Hydration Break (MC) 1:30 PM - Senior Stories (MC) (MC) 4:30 PM - Relaxing 4:30 PM - Relaxing **Birthday Luncheon! 2:30 PM - Thirsty** (MC) 3:45 PM - Evening Wind-1:30 PM - Fun Project with Musical Meal (MC) Musical Meal (MC) (PD) **Thursday Happy Hour** 2:00 PM - Nourishment & Down (MC) Christine (MC) 5:30 PM - Community 5:30 PM - Community 1:30 PM - Musical Singwith Cheryl & John Movie (MC) Hydration Break (MC) 4:30 PM - Relaxing 2:00 PM - Nourishment & Movie (MC)

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Art & Aromatherapy (MC) 4:30 PM - Relaxing Musical Meal (MC) 5:30 PM - Community Movie (MC)	Random Acts of Kindness Day Washington's Birthday 10:00 AM - Baked Goods Baked Well (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Sing- Along & Hymnals (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Puzzle Mania (MC) 4:30 PM - Relaxing Musical Meal (MC) 5:30 PM - Community Movie (MC)	9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Senior Stories (MC) 1:30 PM - Musical Sing- Along & Hymnals (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:15 PM - Manicures & Hand Massages (MC) 3:45 PM - Evening Wind- Down with Senior Stories (MC) 4:30 PM - Relaxing Musical Meal (MC) 5:00 PM - MARDI GRAS JAMBOREE! (DR) 5:30 PM - Community Movie (MC)	9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Sing-Along & Hymnals (MC) 2:00 PM - Broadway Ballads with Jane (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:30 PM - Interesting Documentary with Joe (MC) 3:45 PM - Evening Wind-Down (MC) 4:30 PM - Relaxing Musical Meal (MC) 5:30 PM - Community Movie (MC)	10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Sing-Along & Hymnals (MC) 2:00 PM - Refreshment Social Hour (DR) 2:00 PM - Nourishment & Hydration Break (MC) 2:30 PM - Thirsty Thursday Happy Hour with Johnny McGowan (DR) 3:45 PM - Evening Wind-Down (MC) 4:30 PM - Relaxing Musical Meal (MC) 5:30 PM - Community Movie (MC)	Winter Outing (Memory Care) (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Sing- Along & Hymnals (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Golden Games (MC) 3:45 PM - Evening Wind- Down (MC) 4:30 PM - Relaxing Musical Meal (MC) 5:30 PM - Community Movie (MC)	9:30 AM - Water the Community Gardens (Meet in the courtyard) (CP) 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Musical Meal (MC) 1:30 PM - Fun Project with Christine (MC) 1:30 PM - Senior Stories (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:30 PM - American Standard Classics with Gregg Brown (DR) 3:45 PM - Evening Wind- Down (MC) 4:30 PM - Relaxing Musical Meal (MC) 5:30 PM - Community Movie (MC)
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