

#### SUNDAY

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

#### SATURDAY



26



27



28



29



30



31

9:30 AM - Meet & Greet, Devotional, and Prayer Requests **01**  
 9:30 AM - Water the Community Gardens (Meet in the courtyard) (CP)  
 10:00 AM - Brain Games & Nourishment (MC)  
 10:30 AM - Movin' & Groovin' Group Fitness (MC)  
 11:00 AM - Today in History (MC)  
 11:30 AM - Musical Meal (MC)  
 1:30 PM - Fun Project with Christine (MC)  
 2:00 PM - Nourishment & Hydration Break (MC)  
 3:45 PM - Evening Wind-Down (MC)  
 4:30 PM - Relaxing Musical Meal (MC)  
 5:30 PM - Community Movie (MC)

#### Groundhog Day **02**

9:30 AM - Meet & Greet, Devotional, and Prayer Requests  
 10:00 AM - Brain Games & Nourishment (MC)  
 10:30 AM - Movin' & Groovin' Group Fitness (MC)  
 11:00 AM - Today in History (MC)  
 11:30 AM - Relaxing Musical Meal (MC)  
 2:00 PM - Nourishment & Hydration Break (MC)  
 3:00 PM - Art & Aromatherapy (MC)  
 4:30 PM - Relaxing Musical Meal (MC)  
 5:30 PM - Community Movie (MC)

#### The Day the Music Died **03**

10:00 AM - Baked Goods Baked Well (MC)  
 10:30 AM - Movin' & Groovin' Group Fitness (MC)  
 11:00 AM - Today in History (MC)  
 11:30 AM - Relaxing Musical Meal (MC)  
 1:30 PM - Musical Sing-Along & Hymnals (MC)  
 2:00 PM - Nourishment & Hydration Break (MC)  
 3:00 PM - Puzzle Mania (MC)  
 4:30 PM - Relaxing Musical Meal (MC)  
 5:30 PM - Community Movie (MC)

#### Rosa Parks Day **04** World Cancer Day- Wear Blue/Orange

9:30 AM - Meet & Greet, Devotional, and Prayer Requests  
 10:00 AM - Brain Games & Nourishment (MC)  
 10:30 AM - Movin' & Groovin' Group Fitness (MC)  
 11:00 AM - Today in History (MC)  
 11:30 AM - Relaxing Musical Meal (MC)  
 1:30 PM - Musical Sing-Along & Hymnals (MC)  
 1:30 PM - Senior Stories (MC)  
 2:00 PM - Nourishment & Hydration Break (MC)

#### Happy 70-Year Anniversary to Don & Toni Hippe! **05**

9:30 AM - Meet & Greet, Devotional, and Prayer Requests  
 10:00 AM - Brain Games & Nourishment (MC)  
 10:30 AM - Movin' & Groovin' Group Fitness (MC)  
 11:00 AM - Today in History (MC)  
 11:30 AM - Relaxing Musical Meal (MC)  
**11:45 AM - January/February Birthday Luncheon! (PD)**  
 1:30 PM - Musical Sing-Along & Hymnals (MC)

#### Rose Day **06**

9:30 AM - Meet & Greet, Devotional, and Prayer Requests  
 10:00 AM - Brain Games & Nourishment (MC)  
 10:30 AM - Movin' & Groovin' Group Fitness (MC)  
 11:00 AM - Today in History (MC)  
 11:30 AM - Relaxing Musical Meal (MC)  
 1:30 PM - Musical Sing-Along & Hymnals (MC)  
 2:00 PM - Nourishment & Hydration Break (MC)  
**2:30 PM - Thirsty Thursday Happy Hour with Cheryl & John (PD)**

#### 9:30 AM - Meet & Greet, Devotional, and Prayer Requests **07**

10:00 AM - Brain Games & Nourishment (MC)  
 10:30 AM - Movin' & Groovin' Group Fitness (MC)  
 11:00 AM - Today in History (MC)  
 11:30 AM - Relaxing Musical Meal (MC)  
 1:30 PM - Musical Sing-Along & Hymnals (MC)  
 2:00 PM - Nourishment & Hydration Break (MC)  
 3:00 PM - Golden Games (MC)  
 3:45 PM - Evening Wind-Down (MC)  
 4:30 PM - Relaxing

#### 9:30 AM - Meet & Greet, Devotional, and Prayer Requests **08**

9:30 AM - Water the Community Gardens (Meet in the courtyard) (CP)  
 10:00 AM - Brain Games & Nourishment (MC)  
 10:30 AM - Movin' & Groovin' Group Fitness (MC)  
 11:00 AM - Today in History (MC)  
 11:30 AM - Musical Meal (MC)  
 1:30 PM - Senior Stories (MC)  
 1:30 PM - Fun Project with Christine (MC)  
 2:00 PM - Nourishment &

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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<p>9:30 AM - Meet &amp; Greet, Devotional, and Prayer Requests <b>16</b></p> <p>10:00 AM - Brain Games &amp; Nourishment (MC)</p> <p>10:30 AM - Movin' &amp; Groovin' Group Fitness (MC)</p> <p>11:00 AM - Today in History (MC)</p> <p>11:30 AM - Relaxing Musical Meal (MC)</p> <p>2:00 PM - Nourishment &amp; Hydration Break (MC)</p> <p>3:00 PM - Art &amp; Aromatherapy (MC)</p> <p>4:30 PM - Relaxing Musical Meal (MC)</p> <p>5:30 PM - Community Movie (MC)</p>	<p><b>National Tortilla Chip Day</b> <b>17</b></p> <p><b>Random Acts of Kindness Day</b></p> <p><b>Washington's Birthday</b></p> <p>10:00 AM - Baked Goods Baked Well (MC)</p> <p>10:30 AM - Movin' &amp; Groovin' Group Fitness (MC)</p> <p>11:00 AM - Today in History (MC)</p> <p>11:30 AM - Relaxing Musical Meal (MC)</p> <p>1:30 PM - Musical Sing-Along &amp; Hymnals (MC)</p> <p>2:00 PM - Nourishment &amp; Hydration Break (MC)</p> <p>3:00 PM - Puzzle Mania (MC)</p> <p>4:30 PM - Relaxing Musical Meal (MC)</p> <p>5:30 PM - Community Movie (MC)</p>	<p><b>Fat Tuesday Celebration</b> <b>18</b></p> <p>9:30 AM - Meet &amp; Greet, Devotional, and Prayer Requests</p> <p>10:00 AM - Brain Games &amp; Nourishment (MC)</p> <p>10:30 AM - Movin' &amp; Groovin' Group Fitness (MC)</p> <p>11:00 AM - Today in History (MC)</p> <p>11:30 AM - Relaxing Musical Meal (MC)</p> <p>1:30 PM - Senior Stories (MC)</p> <p>1:30 PM - Musical Sing-Along &amp; Hymnals (MC)</p> <p>2:00 PM - Nourishment &amp; Hydration Break (MC)</p> <p>2:15 PM - Manicures &amp; Hand Massages (MC)</p> <p>3:45 PM - Evening Wind-Down with Senior Stories (MC)</p> <p>4:30 PM - Relaxing Musical Meal (MC)</p> <p><b>5:00 PM - MARDI GRAS JAMBOREE! (DR)</b></p> <p>5:30 PM - Community Movie (MC)</p>	<p>9:30 AM - Meet &amp; Greet, Devotional, and Prayer Requests <b>19</b></p> <p>10:00 AM - Brain Games &amp; Nourishment (MC)</p> <p>10:30 AM - Movin' &amp; Groovin' Group Fitness (MC)</p> <p>11:00 AM - Today in History (MC)</p> <p>11:30 AM - Relaxing Musical Meal (MC)</p> <p>1:30 PM - Musical Sing-Along &amp; Hymnals (MC)</p> <p>2:00 PM - Broadway Ballads with Jane (MC)</p> <p>2:00 PM - Nourishment &amp; Hydration Break (MC)</p> <p>2:30 PM - Interesting Documentary with Joe (MC)</p> <p>3:45 PM - Evening Wind-Down (MC)</p> <p>4:30 PM - Relaxing Musical Meal (MC)</p> <p>5:30 PM - Community Movie (MC)</p>	<p>9:30 AM - Meet &amp; Greet, Devotional, and Prayer Requests <b>20</b></p> <p>10:00 AM - Brain Games &amp; Nourishment (MC)</p> <p>10:30 AM - Movin' &amp; Groovin' Group Fitness (MC)</p> <p>11:00 AM - Today in History (MC)</p> <p>11:30 AM - Relaxing Musical Meal (MC)</p> <p>1:30 PM - Musical Sing-Along &amp; Hymnals (MC)</p> <p>2:00 PM - Refreshment Social Hour (DR)</p> <p>2:00 PM - Nourishment &amp; Hydration Break (MC)</p> <p><b>2:30 PM - Thirsty Thursday Happy Hour with Johnny McGowan (DR)</b></p> <p>3:45 PM - Evening Wind-Down (MC)</p> <p>4:30 PM - Relaxing Musical Meal (MC)</p> <p>5:30 PM - Community Movie (MC)</p>	<p><b>10:00 AM - Scenic Winter Outing (Memory Care) (MC)</b> <b>21</b></p> <p>11:00 AM - Today in History (MC)</p> <p>11:30 AM - Relaxing Musical Meal (MC)</p> <p>1:30 PM - Musical Sing-Along &amp; Hymnals (MC)</p> <p>2:00 PM - Nourishment &amp; Hydration Break (MC)</p> <p>3:00 PM - Golden Games (MC)</p> <p>3:45 PM - Evening Wind-Down (MC)</p> <p>4:30 PM - Relaxing Musical Meal (MC)</p> <p>5:30 PM - Community Movie (MC)</p>	<p><b>National Margarita Day</b> <b>22</b></p> <p>9:30 AM - Water the Community Gardens (Meet in the courtyard) (CP)</p> <p>9:30 AM - Meet &amp; Greet, Devotional, and Prayer Requests</p> <p>10:00 AM - Brain Games &amp; Nourishment (MC)</p> <p>10:30 AM - Movin' &amp; Groovin' Group Fitness (MC)</p> <p>11:00 AM - Today in History (MC)</p> <p>11:30 AM - Musical Meal (MC)</p> <p>1:30 PM - Fun Project with Christine (MC)</p> <p>1:30 PM - Senior Stories (MC)</p> <p>2:00 PM - Nourishment &amp; Hydration Break (MC)</p> <p>3:30 PM - American Standard Classics with Gregg Brown (DR)</p> <p>3:45 PM - Evening Wind-Down (MC)</p> <p>4:30 PM - Relaxing Musical Meal (MC)</p> <p>5:30 PM - Community Movie (MC)</p>
<p>9:30 AM - Meet &amp; Greet, Devotional, and Prayer Requests <b>23</b></p> <p>10:00 AM - Brain Games &amp; Nourishment (MC)</p> <p>10:30 AM - Movin' &amp; Groovin' Group Fitness (MC)</p> <p>11:00 AM - Today in History (MC)</p> <p>11:30 AM - Relaxing Musical Meal (MC)</p> <p>2:00 PM - Nourishment &amp; Hydration Break (MC)</p> <p>3:00 PM - Art &amp;</p>	<p>10:00 AM - Baked Goods Baked Well <b>24</b></p> <p>10:30 AM - Movin' &amp; Groovin' Group Fitness (MC)</p> <p>11:00 AM - Today in History (MC)</p> <p>11:30 AM - Relaxing Musical Meal (MC)</p> <p>1:30 PM - Musical Sing-Along &amp; Hymnals (MC)</p> <p>2:00 PM - Nourishment &amp; Hydration Break (MC)</p> <p>3:00 PM - Puzzle Mania</p>	<p>9:30 AM - Meet &amp; Greet, Devotional, and Prayer Requests <b>25</b></p> <p>10:00 AM - Brain Games &amp; Nourishment (MC)</p> <p>10:30 AM - Movin' &amp; Groovin' Group Fitness (MC)</p> <p>11:00 AM - Today in History (MC)</p> <p>11:30 AM - Relaxing Musical Meal (MC)</p> <p>1:30 PM - Musical Sing-Along &amp; Hymnals (MC)</p> <p>1:30 PM - Senior Stories</p>	<p>9:30 AM - Meet &amp; Greet, Devotional, and Prayer Requests <b>26</b></p> <p>10:00 AM - Brain Games &amp; Nourishment (MC)</p> <p>10:30 AM - Movin' &amp; Groovin' Group Fitness (MC)</p> <p>11:00 AM - Today in History (MC)</p> <p>11:30 AM - Relaxing Musical Meal (MC)</p> <p>1:30 PM - Musical Sing-Along &amp; Hymnals (MC)</p> <p>2:00 PM - Nourishment &amp;</p>	<p><b>National Retro Day</b> <b>27</b></p> <p>9:30 AM - Meet &amp; Greet, Devotional, and Prayer Requests</p> <p>10:00 AM - Brain Games &amp; Nourishment (MC)</p> <p>10:30 AM - Movin' &amp; Groovin' Group Fitness (MC)</p> <p>11:00 AM - Today in History (MC)</p> <p>11:30 AM - Relaxing Musical Meal (MC)</p> <p>1:30 PM - Musical Sing-Along &amp; Hymnals (MC)</p>	<p><b>National Science Day</b> <b>28</b></p> <p>9:30 AM - Meet &amp; Greet, Devotional, and Prayer Requests</p> <p>10:00 AM - Brain Games &amp; Nourishment (MC)</p> <p>11:00 AM - Today in History (MC)</p> <p>11:30 AM - Relaxing Musical Meal (MC)</p> <p>1:30 PM - Musical Sing-Along &amp; Hymnals (MC)</p> <p>2:00 PM - Nourishment &amp; Hydration Break (MC)</p> <p>3:00 PM - Golden Games</p>	<p style="text-align: right;"><b>01</b></p> 