The Legacy at Oak Hill

MEMORY CARE



SATURDAY

International Wheelchair 01

Dav

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY 9:30 AM - Meet & 9:30 AM - Meet & 31 Greet, Devotional, and Greet, Devotional, and **Prayer Requests Prayer Requests** 10:00 AM - Brain Games & 10:00 AM - Brain Games & Nourishment (MC) Nourishment (MC) 10:00 AM - Baked Goods 10:30 AM - Movin' & **Groovin' Group Fitness** Baked Well (MC) 10:30 AM - Movin' & (MC) 11:00 AM - Today in **Groovin' Group Fitness** History (MC) (MC) 11:30 AM - Relaxing 11:00 AM - Today in Musical Meal (MC) History (MC) 2:00 PM - Nourishment & 11:30 AM - Relaxing

World Compliment Day 9:30 AM - Water the **Community Gardens** (Meet in the Bistro) (CP) 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Musical Meal (MC) 1:30 PM - Fun Project with Christine (MC) 2:00 PM - Nourishment & Hvdration Break (MC) 3:45 PM - Evening Wind-Down (MC) 4:30 PM - Relaxing Musical Meal (MC) 5:30 PM - Community Movie (MC)

National Banana Cream 02 Pie Day

Hydration Break (MC)

Aromatherapy (MC)

4:30 PM - Relaxing

Musical Meal (MC)

5:30 PM - Community

3:00 PM - Art &

Movie (MC)

9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & **Groovin' Group Fitness** (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Art & Aromatherapy (MC)

4:30 PM - Relaxing

Musical Meal (MC)

1:30 PM - Musical Sing-

Along & Hymnals (MC) 2:00 PM - Nourishment &

Hydration Break (MC)

4:30 PM - Relaxing

Musical Meal (MC)

Movie (MC)

5:30 PM - Community

(MC)

3:00 PM - Puzzle Mania

World Wildlife Day 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Baked Goods Baked Well (MC) 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & **Groovin' Group Fitness** (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Sing-Along & Hymnals (MC)

2:00 PM - Nourishment &

Hydration Break (MC)

International Pancake Dav

04 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Sing-Along & Hymnals (MC) 2:00 PM - Nourishment & Hydration Break (MC)

2:15 PM - Manicures &

Ash Wedsnesday

05 9:30 AM - Meet & Greet, Devotional, and **Prayer Requests** 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & **Groovin' Group Fitness** (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Sing-Along & Hymnals (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:00 PM - Broadway Ballads with Jane (MC)

Alamo Day 9:30 AM - Meet &

Greet, Devotional, and **Prayer Requests** 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & **Groovin' Group Fitness** (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Sing-Along & Hymnals (MC) 2:15 PM - Refreshment Social Hour (DR) 2:30 PM - Thirsty

Thursday Hanny Hour

06

World Day of Prayer

National Cereal Day 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & **Groovin' Group Fitness** (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Sing-Along & Hymnals (MC) 2:00 PM - Nourishment & Hydration Break (MC)

2:30 PM - Golden Games

International Women's Dav

9:30 AM - Meet & Greet, Devotional, and Prayer Requests 9:30 AM - Water the **Community Gardens** (Meet in the Bistro) (CP) 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Musical Meal (MC) 1:30 PM - Fun Project with Christine (MC)

Musical Meal (MC)

5:30 PM - Community

2:00 PM - Nourishment &

Hydration Break (MC)

2:15 PM - Manicures &

Hand Massages (MC)

The Legacy at Oak Hill

MEMORY CARE



Christine (MC)

2:00 PM - Nourishment &

2:30 PM - Golden Games

(MC)

			MEMORY CARE			AT CACTILL
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Art & Aromatherapy (MC) 4:30 PM - Relaxing Musical Meal (MC) 5:30 PM - Community Movie (MC)	9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:00 AM - Baked Goods Baked Well (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Sing- Along & Hymnals (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Puzzle Mania (MC) 4:30 PM - Relaxing Musical Meal (MC) 5:30 PM - Community Movie (MC)	9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:00 AM - Group Fitness- March Madness Hoops Contest! (CL) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Sing- Along & Hymnals (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:15 PM - Manicures & Hand Massages (MC) 3:45 PM - Evening Wind- Down with Senior Stories (MC) 4:30 PM - Relaxing Musical Meal (MC) 5:30 PM - Community Movie (MC)	9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Sing- Along & Hymnals (MC) 2:00 PM - Broadway Ballads with Jane (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:00 PM - Interesting Documentary with Joe 3:45 PM - Evening Wind- Down (MC) 4:30 PM - Relaxing Musical Meal (MC) 5:30 PM - Community Movie (MC)	9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Sing- Along & Hymnals (MC) 2:15 PM - Refreshment Social Hour (DR) 2:30 PM - Thirsty Thursday Happy Hour with Rick Moore (DR) 3:45 PM - Evening Wind- Down (MC) 4:30 PM - Relaxing Musical Meal (MC) 5:30 PM - Community Movie (MC)	9:45 AM - Scenic Outing 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Relaxing Musical Meal (MC) 1:30 PM - Musical Sing-Along & Hymnals (MC) 2:00 PM - Nourishment & Hydration Break (MC) 2:30 PM - Golden Games (MC) 3:45 PM - Evening Wind-Down (MC) 4:30 PM - Relaxing Musical Meal (MC) 5:30 PM - Community Movie (MC)	9:30 AM - Water the Community Gardens (Meet in the Bistro) (CP) 9:30 AM - Meet & Greet, Devotional, and Prayer Requests 10:00 AM - Brain Games & Nourishment (MC) 10:30 AM - Movin' & Groovin' Group Fitness (MC) 11:00 AM - Today in History (MC) 11:30 AM - Musical Meal (MC) 1:30 PM - Fun Project with Christine (MC) 2:00 PM - Nourishment & Hydration Break (MC) 3:45 PM - Evening Wind- Down (MC) 4:30 PM - Relaxing Musical Meal (MC) 5:30 PM - Community Movie (MC)
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Hydration Break (MC)

3:00 PM - Interesting

2:30 PM - Thirsty

Thursday Hanny Hour